

week one

Light on the Path

exploring the way
of discipleship

Sundari Jensen, 2016



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Aum
Asato Ma Sad Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya
Aum Shanti Shanti Shanti



light on the path

*My mind was clouded;
You illumined it.*

*My awareness was fragmented;
You restored it.*

*My Being was troubled;
You redeemed it.*

*I then saw that
there is no difference
between You and my true Self.*

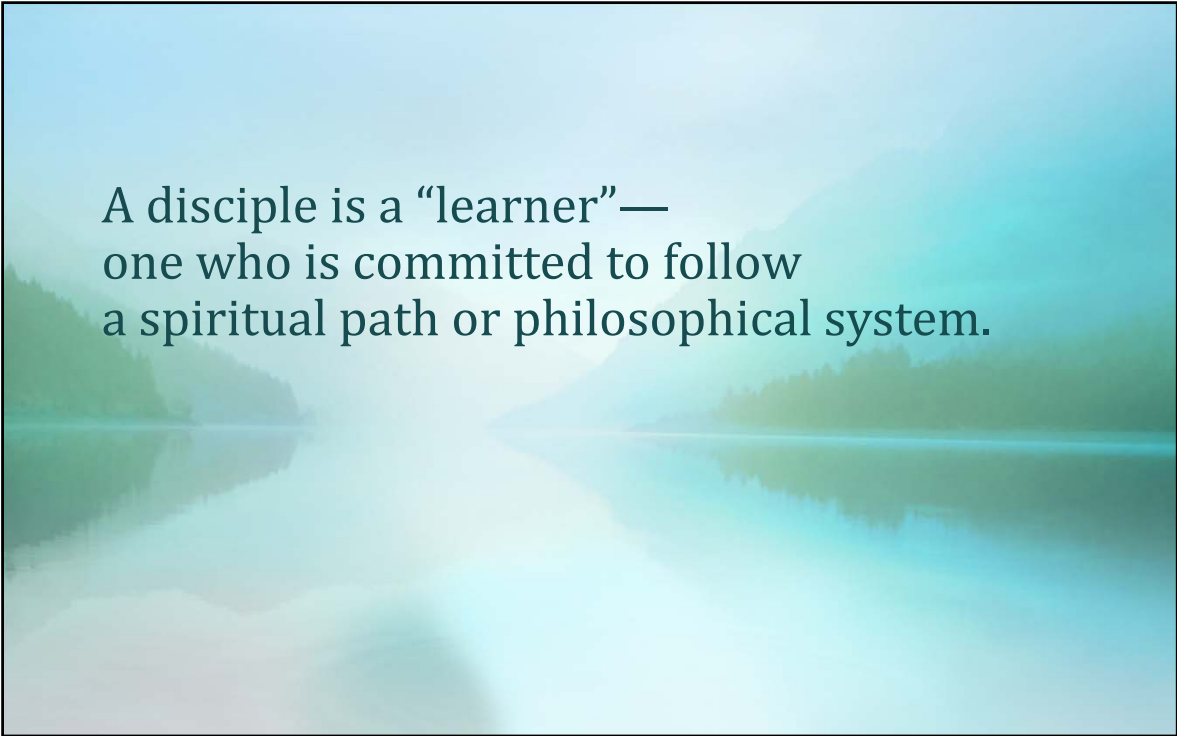
Roy Eugene Davis
Mystic Reflections



what is discipleship? how does it arise?

There comes a time on our spiritual journey when we are ready to fully dedicate ourselves to living the awakened life of Self- and God-realization. This is an auspicious time when the yearning for liberation becomes the predominant urge and focus of our life.

We are ready for discipleship.



A disciple is a “learner” —
one who is committed to follow
a spiritual path or philosophical system.

the purpose of discipleship

Liberation of consciousness

the requirements for discipleship

- Receptivity
- Respect
- Faith
- Commitment
- Discernment
- Dedication
- Love

divine love
pervades the guru-disciple relationship

Sri Yukteswar to Yogananda:

Ordinary love is selfish, darkly rooted in desires and satisfactions. Divine love is without condition, without boundary, without change... If you ever find me falling from a state of God-realization, please promise to put my head on your lap and help to bring me back to the Cosmic Beloved we both worship.