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## The Way of Discipleship

**Instructor's Name: Rev. Sundari Jensen**

**Class Name: The Way of Discipleship**

**Course Dates: Two Tuesdays, April 26 and May 3**

**Class Time: 6-9pm**

**Location of Class: Grace Meditation Hall, CSE Grace Building**

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### COURSE DESCRIPTION

This course is designed to help students to understand the guru-disciple relationship on a deeper level, and thus demystify the entire process. Students will learn about the qualifications of a guru, the spiritual significance of the relationship and how it works in a lineage tradition, how to associate with your guru, the characteristics of a disciple and his or her responsibilities in the relationship. Though this course is an essential requirement for those seeking spiritual initiation, it is relevant to anyone who wants to learn more about this most sacred of relationships.

### TEXTS

- **Raja and Kriya Yoga**—(Stephen Sturgess)
  - **Guru- Disciple Relationship**—(Yogananda / SRF)
  - **A Guide to Kriya Yoga Practice**—(Roy Eugene Davis / CSA Press)
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### SYLLABUS AND ASSIGNMENTS

#### Tuesday, April 26, 2016

Introduction to discipleship, its purpose and its requirements

**Assignment:**

*A Guide to Kriya Yoga Practice*  
*Raja and Kriya Yoga*

**due: April 26**

read pages 8-17 by April 26  
read pages 387-391 by April 26

#### Tuesday, May 3, 2016

The role of the Guru, attunement, and practical information about the path of discipleship

**Assignment:**

*Guru-Disciple Relationship*

**due: May 3**

read entire booklet before May 3

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*Plagiarism is the use of words, ideas or views of another person as if they were your own. Plagiarism is contrary to the spiritual practices of truthfulness (Satya) and of non-stealing (Asteya) — it is considered to be a form of intellectual dishonesty and, as such, is a serious academic offense. The potential penalties range from receiving “no credit” in the course, to a letter of discipline placed in the student’s permanent academic file, or even suspension or expulsion from the seminary program. Plagiarism includes: passing off another’s written work as your own—whether from a book, magazine, website, paper... any form; failing to give credit to your sources for the ideas, information, and words you have borrowed from them; not quoting when you use another’s exact words; not changing the wording or sentence structure significantly enough when you paraphrase a source.*