

Restore! Facilitator Training

Instructor's Name: Chandra Jyoti Swan

Class Name: Restore! Facilitator Training

Course Date: Saturday, April 02, 2016

Class Time: 9am - 3pm

Location of Class: Meru Classroom, CSE Grace Building

COURSE DESCRIPTION

In this course students explore Seva—Community Ministry, and Carry the Vision's Restore! programs as a means for serving the greater community. Students have practical experience of facilitating various components of the Restore! program including meditation, pranayama and other stress reduction techniques. Students participate in and learn how to facilitate a structured dialog process. To realize the vision of a compassionate and nonviolent world, we begin with our own life. We educate ourselves, discover the tools necessary for building a compassionate culture, and make commitments that support a thriving environment for every person.

TEXT AND HANDOUTS

- Handouts will be provided during the class

ASSIGNMENT

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Plagiarism is the use of words, ideas or views of another person as if they were your own. Plagiarism is contrary to the spiritual practices of truthfulness (Satya) and of non-stealing (Asteya) — it is considered to be a form of intellectual dishonesty and, as such, is a serious academic offense. The potential penalties range from receiving “no credit” in the course, to a letter of discipline placed in the student’s permanent academic file, or even suspension or expulsion from the seminary program. Plagiarism includes: passing off another’s written work as your own—whether from a book, magazine, website, paper... any form; failing to give credit to your sources for the ideas, information, and words you have borrowed from them; not quoting when you use another’s exact words; not changing the wording or sentence structure significantly enough when you paraphrase a source.