

East West Sanskrit Institute  
प्राच्यप्रतीच्यसंस्कृतगुरुकुलम्  
prācyā-praticyā-saṁskṛta-gurukulam

ॐ सह नाववतु सह नौ भुनक्तु

सह वीर्यं करवावहै

तेजस्वि नावधीतमस्तु

मा विद्विषावहै

ॐ शान्तिः शान्तिः शान्तिः

om̐ saha nāvavatu saha nau bhunaktu

saha vīryam̐ karavāvahai tejasvi nāvadhītam astu

mā vidviṣāvahai ~ om̐ śāntiḥ śāntiḥ śāntiḥ

om̐ (cosmic sound) saha (together) nau (us both) avatu (may that cosmic force protect) saha (together) nau (us both) bhunaktu (may that cosmic force nourish/protect)

saha (together) vīryam̐ (heroic work) karavāvahai (may we both do)

tejasvi (brilliant) nau (of us both) adhītam (study) astu (may it be)

mā vidviṣāvahai (may we not fight)

May that Great Nature (God) protect us both, May that Great Nature (God) nourish us both, May we do heroic work together, May our study be brilliant, and if none of this is possible, at least, let us not fight with each other. Om peace, peace, peace