

व्याहृतिः vyāhṛtiḥ ~ गायत्रीमन्त्रः gāyatrī-mantraḥ

ॐ भूर्भुवः स्वः तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि धियो यो नः प्रचोदयात्
om bhūr bhuvah svah tat savitur varenyam
bhargo devasya dhīmahi dhiyo yo nah pracodayat

ॐ om - outward manifestation of the cosmic sound, nādam

भूः bhūḥ - (bhūr) earth

भुवः bhuvah - atmosphere

स्वः svah - heavens

तत् tat - that

सवितुः savituh (savitur) - of the source, sun god

वरेण्यं varenyam - highest

भर्गोः bhargah - (bhargo) light

देवस्य devasya - of the nature, of the effulgent, of god

धीमहि dhīmahi - we meditate on

धियः dhiyah (dhiyo) - understandings, thoughts

यः yaḥ (yo) - that which

नः nah - our, of us

प्रचोदयात् pracodayat should direct, should urge

Earth Atmosphere Heavens

We meditate on the highest light

of the effulgent source

let that direct

our thoughts