

Ethical Scenario:

The place where I am teaching has specific protocols regarding student release forms, attendance sheets, financial forms, etc. I don't consider myself to be very good at "business" skills, plus I prefer to spend my time before and after class talking with students. So, I am negligent or at best tardy with fulfilling these protocols.

Yamas / Niyamas Involved:**Boundary Statement / How to Address:**

Ethical Scenario:

While teaching one day I felt so inspired and in the flow that I decided to continue teaching after the scheduled end time.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

One of the students regularly shows up late and disrupts class that is already in session.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

One of the regular students tends to make flirtatious comments and/or gestures to other students.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

I'm really excited to start teaching a new class and want people to show up. Since I study and teach at a place that is connected with the lineage of Paramahansa Yogananda, I decide to refer to myself in marketing materials as a *"Yoga Teacher in the Tradition of Paramahansa Yogananda."*

Yamas / Niyamas Involved:**Boundary Statement / How to Address:**

Ethical Scenario:

A student who attends a class that I am teaching is a massage therapist. She offered to give me massage free of charge / or in exchange for the class fee.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

I'm remodeling my home kitchen and found out that a student in a class that I teach is a contractor (or handyman). I'm thinking about hiring this person to do the work on my personal home.

Yamas / Niyamas Involved:**Boundary Statement / How to Address:**

Ethical Scenario:

There is a vibrant, attractive student in the class that I'm teaching. This person demonstrates emotional and spiritual maturity, and we have developed mutual respect for one another. We are clearly attracted to one another. After one of the classes he/she approaches me and asks me out for dinner.

Yamas / Niyamas Involved:**Boundary Statement / How to Address:**

Ethical Scenario:

Someone who attends a yoga or meditation class that I'm offering finds out about my "daytime profession" and seeks to hire me in that capacity.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

While in between yoga classes I see other teachers engaging with each other, and/or with students, in a way that I feel compromises the integrity of CSE / Meru / yoga or meditation program, etc.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

Someone who participates in a yoga/meditation program that I'm offering has developed a private business (I believe it has a multilevel marketing approach), and they have invited me to join in.

Yamas / Niyamas Involved:

Boundary Statement / How to Address:

Ethical Scenario:

A student in your class invites you out to lunch “to talk more about yoga / meditation.” You suspect he or she is interested in personal friendship or a romantic relationship. What do you do? Does it matter whether you find this person interesting or attractive? What does your decision say about how you perceive your role as a yoga teacher? Does having an outside relationship with a student change or limit how you interact with them in a class setting?

Yamas / Niyamas Involved:**Boundary Statement / How to Address:**