These wire trees are a bit more challenging to create, requiring fine motor skills and patience! They are also a bit more abstract in their concept, as the fruit, leaves and flowers are not labeled with qualities that we express into the world; we have to imagine this. However, the quality we are absorbing from Spirit into body and mind is clearly defined. Enjoy!
**Spirit Trees for Ages 11 to Adults**

**Materials**

**Step 1. Creating “Nutrients”**
Round clear glass tile cabochons – approximately 1” in diameter
Magazines or colored paper
Sharpie® pens
Ballpoint pen or pencil
Glitter glue
Scissors
Tissues

**Step 2. Gluing Nutrients onto Rocks**
Large river rocks
Nutrients from Step 1
High-temperature hot glue gun
Glue sticks
Glass of water for burns

**Step 3. Creating Trunk and Branches**
1 spool of 24-gauge wire
Assortment of beads or other items with holes to use as leaves, blossoms and fruit
High-temperature hot glue gun
Glue sticks
Glass of water for burns

**Step 4. Tying the Wire Tree onto the Rock**
Extra wire from 24-gauge wire spool
Rock with nutrients on it
Wire Tree
High-temperature hot glue gun
Glue sticks
Glass of water for burns
Step 1. Creating “Nutrients”

Each person makes up to 3 “nutrients.” It is important to use Sharpie pens to write the words so the ink won’t smear when you glue it to the glass medallion.

1) Think about what soul qualities or qualities of the Divine you would like to have in your life. Ideas include: peace, love, joy, caring, creativity, strength, courage, etc. (You can focus on just one or two. Gandhi changed the world by focusing on harmlessness (ahimsa) and truthfulness (satya.))

2) Take a glass cabochon.

3) Find a magazine picture where the background color is fairly uniform and light colored, or use light colored paper. Trace around the glass cabochon and cut out the circle. Make it slightly smaller than the drawn circle.

4) Using Sharpie pens, write in a “nutrient” word, such as love, joy, peace, helpfulness, kindness, compassion, etc. Adults can do the writing for younger children.

5) Put glitter glue on face of word. Smear all around with your finger! Wipe fingers with tissues.

6) Place glass cabochon on top of word, and press out all of the air bubbles.

7) Turn upside down and let dry.
Spirit Trees for Ages 11 to Adults

Step 2. Gluing Nutrients onto Rock

1) Select a rock. Remember, this represents Spirit, God! The choice of the rock is important!
2) Place the nutrients around the rock, spacing them out.
3) Hot glue the nutrients in place, using a high-temperature glue gun. Have a glass of water nearby in case of burns!
4) Write name on the bottom of the rock with Sharpie
Step 3. Creating Tree Trunk with Wire

1) Take a spool of 24-gauge wire, and cut about 20 pieces of wire, approximately 24” long. They will curl up on you until you start forming them into branches.

2) Take one wire and a bead. Place bead in the middle of the wire, twist several times.

3) Place a second bead on wire, about 1/3 inch from first bead. Twist it in place.

4) Continue placing up to 5 beads on the branch, alternating sides of wire.

5) When you are done putting beads on that branch, twist the wires together until you have almost reached the bottom.

6) Repeat until all the branches are created. You can use 1 bead per branch, or more. Variety is great! This may take awhile!
Spirit Trees for Ages 11 to Adults

7) Begin adding the branches together to make the tree. Add two branches together first, then add a third. Space them at different intervals down the length of the branch and trunk. You will want about 5 main branches, and each of those could use 4 or 5 wires. Stop twisting them together when you have about 4” to go.

8) With the remaining 4”, begin “branching” out the roots, first twisting about 4 roots together for a short distance, then separating those into 2, and twisting those, and finally separating those again.

9) Shape the wire to form your tree!
Step 4. Tying the Wire Tree onto the Rock

1. Add extra wire to roots so that the wire can completely wrap around the bottom of the rock.

2. If needed, add extra wire to the trunk to stabilize it.

3. Wrap the wire roots around the rock, twisting the wire tight. Be sure to wrap in different directions so the rock will not slip out.

4. Use high-temperature hot glue on the bottom of the rock to attach strategic sections of the wire, giving extra stability to the roots and to stop the rock from tipping the wrong way.

Enjoy!