

# Natural Medicine & Ayurveda

*Clinic, Academy & Wellness Spa in Santa Row, San Jose area*

## Grand Opening Ceremony

**Saturday, September 24**

**10:30am to 1pm**

### KEYNOTE ADDRESS

*Yogacharya Ellen Grace O'Brian*

Center for Spiritual Enlightenment, Spiritual Director, and  
Meru Institute Founder and President



### GRAND OPENING PROGRAM HIGHLIGHTS

- *Learn from Experts in Natural Medicine, Ayurveda & Yoga*
- *Be the lucky one to receive a Champi Head Massage*
  - *Get a FREE bag of Healing Herbal Products*
  - *See Cooking Demo & Taste Yummy Recipes*
    - *Find out your Mind-Body Type*

**Please RSVP by calling 408-320-2434 before Sept 19**

344 South Monroe Street, San Jose, CA 95128

#### Team of Integrative Health Experts:

**\* Dr. Vivek Shanbhag, ND, MD(Ayurveda), BAMS, CYEd.**

Licensed Naturopathic Doctor, Ayurveda Expert, Professor & Best-Seller Author  
Founder & Director of Natural Medicine & Ayurveda – Clinic, Academy & Wellness Spa

**\* Gayathri Shanbhag, MS (Nutrition)**

Consultant in Nutrition & Diet Therapy

**\* Devika Deshmukh, MD(Ayurveda) BAMS, CMT**

Expert in Detox -Pancha Karma & Ayurveda Lifestyle

**\* Samika Savanur, ND**

Expert in Women's Health & Digestive Disorders

**\* Courtney Joseph**

Massage Therapist