



Congress Presenters

Ellen Grace O'Brian: Spiritual Director of Center for Spiritual Enlightenment. A disciple of Roy Eugene Davis, was ordained by him in 1982.



Furio Sciano: A disciple of Mr. Davis since 1994, presents seminars and lectures in Italy, Switzerland, and the United States, has translated 10 books by Roy Eugene Davis into Italian.



Harald Reiske: Spiritual Director of the Kriya Yoga Center in Passau, Germany, ordained to teach in 1989 by Roy Eugene Davis.



Martin A. Wuttke: Founder and Clinical Director of NeuroTherapy Centers International and the Wuttke Institute of Neurotherapy.



Cynthia Copple: Ayurvedic Consultant in Santa Cruz, California since 1982, Director of Lotus Holistic Health Institute and President of Lotus Herbs.



Dr. Suhas G. Kshirsagar: Internationally recognized leader in the science of Ayurveda, keynote speaker and faculty member at several Ayurvedic institutions worldwide.



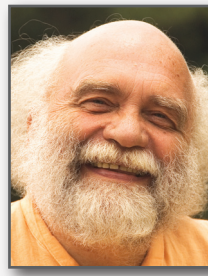
Dr. Manisha Kshirsagar: Bachelor's degree in Ayurvedic Medicine and Surgery, trained at the Indian College of Naturopathy and as a Yoga Instructor from Kaivalyadham University in India.



Acharya Shunya Pratichi Mathur: Founder of Vedika Global, Inc., a California-based non-profit Vedic foundation that supports a School of Ayurveda and Vedic Studies, current President of the California Association of Ayurvedic Medicine (CAAM).



Yogashree N.V. Raghuram: Spiritual Founder and Chairman of Yoga Bharati. Professor of Yogic Sciences at Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA) Bangalore, India.



Swami Nirvanananda: Travels extensively throughout Europe, the United States, and India inspiring audiences with devotional music from all spiritual traditions.

And many CSE and CSA Ministers

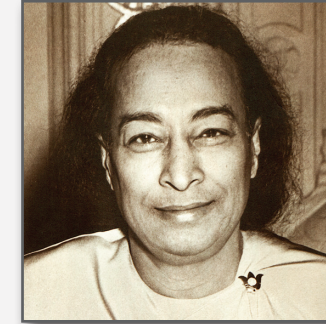
Kriya Yoga Philosophy and Practices

kriya Action, process, procedure.

yoga Unification of attention and awareness with our pure essence (true nature).

When the purity of one's consciousness and one's essence is the same, that is liberation. – Patanjali's Yoga-Sutra 3:56

Kriya Yoga was taught by Paramahansa Yogananda who came to America from India in 1920. He ordained Roy Eugene Davis in 1951, who has initiated truth seekers for more than 60 years in North America, Europe, and India, and is the only disciple of his guru who is actively teaching.



Center for Spiritual Awareness

Roy Eugene Davis, Spiritual Director. International headquarters on eleven secluded acres in the low mountains of northeast Georgia, 90 miles from Atlanta. Meditation retreats May to November.



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Center for Spiritual Enlightenment

Ellen Grace O'Brian, Spiritual Director. Situated in the Rose Garden area of San Jose. Worship services and spiritual practice classes for adults and youth are offered.



1146 University Avenue
San Jose, California 95126
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Fifth International

KRIYA YOGA CONGRESS

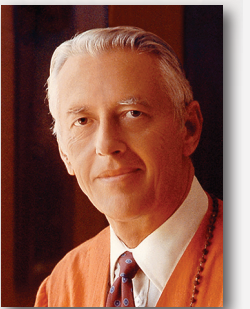
2016 March 10, 11, 12

Holiday Inn SJ Airport • San Jose, California



Absolute Self-Realization Liberates Consciousness

With **Roy Eugene Davis**
direct disciple of Paramahansa Yogananda
and Featured Guest Presenters



Sponsored by Center for Spiritual Awareness
and Center for Spiritual Enlightenment

Welcome to the Kriya Yoga Congress

Read a little. Meditate more. Think of God all the time.
– Paramahansa Yogananda (1893 – 1952)

You are invited to join others from across the United States and throughout the world who will participate in the Fifth International Kriya Yoga Congress, an inspired gathering for spiritual insight and renewal. The Congress theme is: Absolute Self-Realization Liberates Consciousness.

The program will offer an opportunity to learn the philosophical principles and practices of Kriya Yoga, experience the positive benefits of superconscious meditation and holistic wellness routines, and enjoy fellowship with others who are dedicated to this spiritual path.

Meditation Seminar with Roy Eugene Davis
Techniques and routines for all levels of practice, holistic lifestyle guidelines, and meditation practice sessions.

Kriya Initiation Service
New applicants must attend the two meditation seminar sessions with Mr. Davis. Local Kriya Yoga initiates who are not attending the full Congress may attend this service to review their meditation practices and renew their commitment to this spiritual path.

Special Presentations and Events

- Early Morning Quiet Meditation Sessions
- Devotional Chanting
- Optional Hatha Yoga Sessions
- Wellness and Ayurveda Workshops
- Vegetarian Banquet and Special Program on Saturday

Books and Free Literature Will be Available

This program is supported by Center for Spiritual Awareness and Center for Spiritual Enlightenment centers in the United States, Canada, England, Germany, Italy and West Africa.



Program Schedule

Thursday March 10
10 am – 1 pm Registration and Orientation
1:30 – 2:30 pm Congress Opening and Welcome:
Sylvia Lunt, Ellen Grace O’Brian, Roy Eugene Davis
3:30 – 4:45 pm Kriya Yoga Teachings and Activities in Europe:
Harald Riske & Furio Sclano
7 – 9 pm Live Your Divine Life Now: Ellen Grace O’Brian
Devotional Chanting: Gitanjali Kirtan Band

Friday March 11
6 am Meditation
6:30 – 7:15 am Hatha Yoga
8:30 am Devotional Chanting: Swami Nirvanananda
9 – 11:45 am Meditation Seminar: Roy Eugene Davis
1:30-3 pm Ayurveda for Radiant Health and Spiritual Awakening:
Cynthia Copple, Dr. Suhas Kshirsagar, Dr. Manisha Kshirsagar, and Acharya Shunya Pratichi Mathur
3:30 – 5 pm Kriya Yoga Meditation and the Brain: Martin A. Wuttke
7-9 pm Yoga for Inner Peace and Well-Being:
Yogashree N.V. Raghuram
Devotional Chanting: Gitanjali Kirtan Band

Saturday March 12
6 am Meditation
6:30 – 7:15 am Hatha Yoga
8:30 am Devotional Chanting: Swami Nirvanananda
9 – 11:45 am Meditation Seminar: Roy Eugene Davis
1:30 – 3:30 pm Kriya Initiation Service
6 pm Banquet and Special Program

Sunday March 13
9 or 11 am You are invited to attend worship services at the Center for Spiritual Enlightenment in San Jose



Hotel Room Reservations

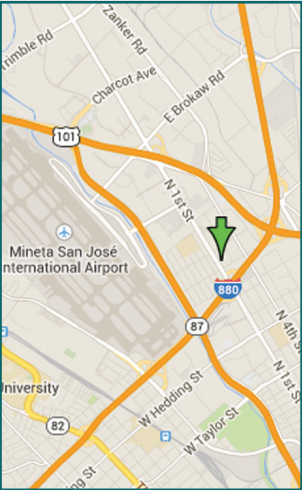


Holiday Inn San Jose
1350 North First Street
San Jose, California
408-453-6200
www.holidayinn.com

Approximately 1.5 miles from the San Jose International Airport, 6 minutes from the Center for Spiritual Enlightenment.
Includes complimentary San Jose airport shuttle to and from hotel, swimming pool, fitness center, high speed internet access in guest rooms, on site restaurant and room service dining, restaurant discount for Congress participants.
Single or double room: \$119 per day plus occupancy tax and HBID fee per day. Overnight guestroom parking \$10.00 per night; daytime parking \$5.00 per day.
To register, call the hotel and use the code: KRIYA CONGRESS.
The special rate is good for hotel stays from March 8 through March 14, 2016. Hotel reservations must be made by February 1, 2016. After February 1, the Congress rate no longer applies and rooms are on a space-available basis.

Travel Directions

SJC - San Jose International Airport
Distance : 1.5 miles
Take the Skyport Blvd. exit out of the airport. Continue on Skyport Blvd. Turn right on North First Street. Hotel is at corner of First and Gish Streets.
SFO - San Francisco International Airport
Distance : 35 miles
Exit Airport to 101 southbound. Exit First Street; proceed south one mile. Hotel is on corner of North First and Gish Street.



Congress Registration Form

2016 March 10, 11, 12
Fifth International Kriya Yoga Congress
Do not donate now.
Donations will be received at the Kriya Initiation Service.
Prepay now only for banquet reservations.

Congress Registration and Banquet Reservations
Fill out the form and mail to CSE (address below) or register online: www.CSEcenter.org

Name: _____

Address: _____

Phone: _____ Email: _____

Names of others who will be with you: _____

Number of reservations for the vegetarian banquet: _____
(Mark X before each person above who will attend the banquet.)
\$55 for each person. Total number of reservations: _____
Total \$ _____
Pay banquet reservation with: Check [] Visa [] MasterCard []
Credit Card # _____
Expiration date: ____ / ____ Three digits on back of card: _____
Name as listed on card: _____

Mark here [] if you will be staying at the Holiday Inn
Mark here [] if you will be commuting
Kriya initiate [] First time applicant []

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