



CSE MINISTERS AND INTERNS



2014 HIGHLIGHTS

Every time I say thank you, a new gift appears at my door.

—from a poem by Yogacharya

After all these years of teaching and serving, I am still awed and amazed at the outpouring of divine grace that comes to meet us whenever we put forth our clear intentions to thrive, engage in consistent spiritual practice, and become receptive to divine support.

As you read this newsletter with highlights from the 2014 grace-filled year at CSE and take a glimpse at our dreams and intentions for 2015, I hope you will be reminded of the outpouring of divine support in your own life—the grace you have experienced this year, and the divine possibilities that await your commitment to your lofty goals in 2015.

Let us dream great dreams for the benefit of all as we bring our energy together in 2015 and realize a Year of Awakened Community. You are warmly invited to participate even more fully with the spiritual teachings and community at CSE in the coming year. Watch for forthcoming announcements for Yoga, Ayurveda, and Community Ministry certification and training programs through Meru Institute; a new monthly Saturday Sadhana gathering to meditate and practice together; opportunities for on-site private retreats; a new Media Club to view services and other programs online; and more. Visit our website www.CSEcenter.org regularly for program updates, new videos and announcements.

With infinite love and gratitude,

Uma

Yogacharya Ellen Grace O'Brian



Disseminate the Teachings

Training Teachers & Leaders, New CSE Website, Artha! Web based program, Affiliate Meditation Groups and Centers, Core Classes and Retreats, Global Outreach (pages 2-3)



Serve the Community

Youth Spiritual Education, Community Nonviolence work, Guest Presenters, Community Interfaith Groups (page 4)

Disseminate the Teachings

CORE TEACHINGS & RETREATS

Weekly meditation and yoga philosophy classes, kirtans, and meditation retreats with Yogacharya served many

souls, including the 2014 New Year Retreat onsite at CSE; 4-Day Silent Meditation Retreat at Vajrapani; 7-Day Meditation and Study Retreat at Vajrapani; Gratitude for Teachers Retreat Weekend; 5-day onsite Oasis of Peace Retreat at CSE; and a CSE Retreat at Center for Spiritual Awareness in Lakemont, GA. Kriya Yoga Meditation Seminar with Yogacharya and Mr. Davis at CSE (pictured above).



NATIONAL & INTERNATIONAL OUTREACH

Yogacharya taught at several events nationally and internationally, including the 1st European Kriya Congress in Milan, Italy (left); Swami Vivekananda's 150th Birth Anniversary concluding program, sponsored by Berkeley Vedanta Center (far left); Eternal Way Yoga & Meditation Retreat at Unity Village, MO; Sambodh Ashram in Kalamazoo, MI; Oakland Prayer Symposium at East Bay Church of Religious Science; Here After Here community program on spiritually conscious living and dying.



1st European Kriya Congress in Milan, Italy (left); Swami Vivekananda's 150th Birth Anniversary concluding program, sponsored by Berkeley Vedanta Center (far left); Eternal Way Yoga & Meditation Retreat at Unity Village, MO; Sambodh Ashram in Kalamazoo, MI; Oakland Prayer Symposium at East Bay Church of Religious Science; Here After Here community program on spiritually conscious living and dying.

GLOBAL OUTREACH

We reached thousands of people globally each day in 2014!

Launched New Website (www.CSEcenter.org); offered our first web-based program in Artha 365!; reached over 3,000 households a day with Daily Inspirations; Online Class Participation increased with streaming and archived viewing; *Enlightenment Journal* available online; Yogacharya published in *Contemplative Journal* online magazine; Yoga Hour audience continues to grow and welcomed guest host, Rev. Dr. Laurel Trujillo.



TRAINING TEACHERS & LEADERS

Train Teachers and Leaders in the Kriya Yoga Tradition.

We launched Yoga Teacher Training (YTT level one) in collaboration with Yoga Bharati; Meditation Teacher Training continues to grow (right bottom); Rev. Sundari Jensen, Rev. Pat Kirti Hall, and Rev. Shanti Macartney shared teachings at Vedika Global in Emeryville, CA (right top); CSE Teachers offered weekly yoga philosophy classes at Being Yoga in Burlingame, CA; MTT graduates led meditation at local yoga studios, senior activity center, YMCA, and local schools (right middle); three new ministers were ordained: Rev. Beverly Rajni Kam, Rev. Dr. Laurel Trujillo, and Rev. Ann Bhakti Fisher; Meru students, alumni, and YTT students traveled to Lakemont, GA for retreat with Yogacharya O'Brian and Roy Eugene Davis (pictured below).



CSE MEDITATION GROUPS & CENTERS

CSE Affiliate Meditation Groups and Centers Expand this Year:

GILROY, CA:

Blue Lotus Meditation and Yoga Center was established with the leadership of Rev. Dr. Paula Whang-Ramos. (two photos top) (www.bluelotuscenter.org)

SANTA ROSA, CA: Rev. Ann Hayes and Rev. Jeff Collins offer meditation classes and lead group meditation at various locations (pictured middle left)

MORRO BAY, CA: Awakening Spiritual Center increased its offering of programs with the leadership of Rev. Devin Sodt and several ministry interns. (www.awakeninginterfaith.org) (pictured bottom left)



SERVE THE COMMUNITY

CSE and the greater community were served by many special programs including the Carry the Vision conference with 400

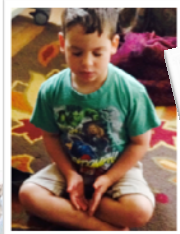
people attending (two pictures far left); Rev. Beverly Rajni Kam and Shelley Chandra Jyoti Swan serve on the SiVIC board of directors (bottom left); Compassionate Care Ministry served many CSE families dealing with illness and end of life; Meditation Sit-a-thon opening event with Yogacharya and Acharya Shunya Pratichi Mathur launched 21 days of meditation for compassion (bottom center); Tree of Life Welcome Center & Bookshop sold more sermon CDs than any previous year; Lahiri Retreat House began offering private retreats; we hosted several guest speakers: Imam Jamal Rahman, Joan Steadman, Mirabai Starr, Dennis Merritt Jones, Pandit Rajmani Tigunait (bottom right), Marty Wuttke, Dr. Suhas, Swami Bodhananda, and Swami Nirvanananda.



YOUTH AND FAMILY

Youth and Family Ministry Flourishing!

Youth Summer Camp had twenty children participating (bottom right); Youth Play was a big success (top right); Youth blessed by Yogacharya & Mr. Davis during his visit in March (left); Youth meditating on Sundays during YSE—and taking the practice home (center).



BUILDING A STRONG FOUNDATION FOR THE FUTURE

In 2014, we launched the web-based Artha program with the intention for all to experience “A Year of Living Prosperously,” meaning fulfillment on all levels of expression. Donations from participants provided \$40,000 to seed CSE’s prudent reserve fund for emergency expenses. After establishing the prudent reserve, our longer term goal was to pay off our \$200,000 line of credit debt. We anticipated it would take us nearly a decade to accomplish, but we now had a plan, and the resolve, to do it. In the light of our clear intention and willingness to do what was needed, grace appeared as a \$200,000 contribution that completely paid off the debt.

Take one step toward God, and God takes one hundred steps toward you.